

JULIAN ALPS and PREALPS – Nature-culture-minorities in Friuli Venezia Giulia

A beautiful itinerary to discover a little known territory but of great NATURALISTIC interest with the Julian Prealps Park and the majestic Julian Alps with Mount Lussari and CULTURAL with a visit to Val Resia, a suggestive alpine valley that preserves an ethnic and linguistic heritage and unique musical and still intact.

✓ Self drive with your own car of rental car

✓ JULIAN ALPS, Monte Lussari pilgrimage destination of 3 peoples

✓ VAL RESIA, ethnic minorities and nature

✓

Contattaci per maggiori informazioni

Programm

Gallery

1° DAY

Arrival in Friuli Venezia Giulia - VENZONE medieval village

Arrival in Venzone elected in 2017 the **"Borgo più bello d'Italia"**. In the afternoon **guided tour** of the historic center and the impressive defensive system expertly recomposed after the 1976 earthquakes. Possibility to visit the "Tiere Motus" exhibitions in the Orgnani – Martina Palace or the Mummies Museum. Accommodation in 3-stars hotel, *dinner* and overnight

VAL RESIA discovering the arcane valley in the Julian Prealps Natural Park

Breakfast and departure for the Val Resia. Arrival in Prato/Ravanca and morning dedicated to discovering the Visitor Center of the Julian Prealps Natural Park, one of the two protected areas of the Region which extends over about 10.000 hectares, to discover the floristic heritage made up of about 1200 species and subspecies.

At the end is possible from Lischiazze/Liščaca to take a short walk along a splendid beech forest up to "Fontanon del Barman", in the hearth of protected area, and interesting system of karst springs that manifests itself through a waterfall that collects a large part of the water network karst of the prealpine chain of the Musi Mountains.

Lunch in a "trattoria", a historic restaurant in the valley to discover the flavours of Resian cuisine including the famous Garlic of Resia (*Slow Food Presidium*)

In the afternoon you will have the opportunity to learn more about the cultural peculiarities of the valley by visiting the Museum of the **People of Val Resia and Museum of Knife Grinder**.

The inhabitants of Val Resia, like all Slovenes, derive from the Alpine or Carantani Slavs (a component of the Southern Slavs) who, between 625 and 631 AD, crossing the Alps also settled in these valleys. The main ethnic characteristics handed down are the Resian dialect (one of the most archaic Slovenian dialects), the narrative heritage, dance, music and the Knife Grinder profession.

At the end from Stolvizza/Solbica a suggestive walk along the valley floor is recommended along the "Ta lipa pot". A loop of about 10 km, lasting 2 hours and 30 minutes, with an easy difficulty and a difference in height of 150 m between woods, meadows and wetlands on the banks of the Resia stream that flows along the entire valley and divides the Julian Alps from the Prealps of the same name. *Dinner* and overnight in hotel

3° DAY

a 360° view from the JULIAN ALPS towards Italy, Austria and Slovenia

Breakfast and departure along the Canal del Ferro, stop at the Benedictine abbey of San Gallo Abate from the 12th century. Continue along the Val Canale up to Camporosso / Žabnice from where with the cable car you go up to Mount Lussari / Svete Višarje with the Marian Sanctuary that can, rightly, be defined European because it is a destination for pilgrims from the three peoples who meet here, characteristic alpine village the gaze sweeps over a large part of the mountains of the Julian Alps. For centuries, in fact, the easternmost peaks of the Alps have been the natural border between the Latin, Germanic and Slavic worlds. Here, even today, the languages of all these populations are spoken and it is a land of encounter and friendship. Free lunch.

In the afternoon, after a walk in the center of Tarvisio / Trbiž, departure for Malborghetto / Naborjet and visit to the **Ethnographic Museum of the Venetian Palace**.

In the exhibition rooms of the historic building of the late sixteenth century, in addition to understanding the daily life of the past in these valleys and the history of the Palace itself, the proposed setups highlight the main characteristics of the territory, with particular reference to the languages spoken, to the mining activities, the forest, geology, paleontology and prehistory.

Return to hotel, *dinner* and overnight

4° DAY

GEMONA DEL FRIULI - Goodbye in Friuli Venezia Giulia

Breakfast and departure for Gemona del Friuli. Time available for a free visit of its historic center with the Cathedral, the Town Hall and the Castle.

Lunch tasting of local products.

End of services

PRICE per person from € 348 (*minimum 2 person*) Price for children until 14 years on request

The prices includes:

- Accommodation in double room, in 3-stors hotel on Half board basis (drinks excluded)
- Guided visit of Venzone
- Entrance to Julian Prealps Park center
- Lunch on 2nd day in "trattoria", typical restaurant
- Entrance to Museum of the People of Val Resia
- Entrance to Museum of Knife Grinder
- Round trip to cable car Mount Lussari
- Entrance to Ethnographic Museum of the Venetian Palace in Malborghetto
- Lunch tasting on 4th day in restaurant

Supplements:

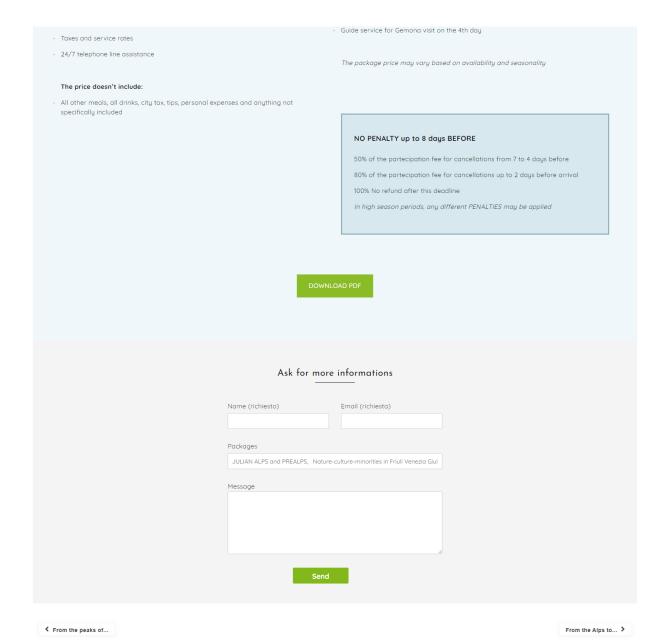
- Single room, starting from € 105,00

Reductions:

- Accommodation in 3rd bed € 60,00

OPTIONAL SERVICES, on request:

- Rent a car for 4 days
- Guide service for Val Resia visit on 2nd day
- Lunch on the 3rd day on Mount Lussari













FOLLOW US













